

First Aid	
Scenario 7	Civilian CPR Take Over
Location:	Gym (<i>drill can be conducted anywhere</i>)
Objectives:	Demonstrate rescue, teamwork, response and first aid procedures
Personnel and time frames:	<p>Instructor x 2</p> <p>6 learners performing drill in pairs</p> <p>Live casualty x 1</p> <p>Time required:</p> <ul style="list-style-type: none"> • Set up – 10min • Drill - 15min* • Debrief – 5min • Pack up – 5min
Details:	<p>Pairs briefed on a scenario involving a stressed civilian performing first aid on a person at their gym. Details are vague as the phone line got disconnected.</p> <p>Upon arrival, pair discover a civilian performing CPR (<i>poorly</i>) & the defibrillator not properly attached. The civilian is clearly stressed & out of their depth. The pair are to take over from the civilian, conducting their own primary survey before commencing treatment (don't assume civilian has accurately completed the primary survey) & attach their own defibrillator when required.</p> <p>It is expected that they will question the civilian to gather further information.</p>
Benchmarks	<p>Learners are to demonstrate to instructors:</p> <ul style="list-style-type: none"> • Correct first aid application to casualty • Correct manual handling • Correct communication methods for changing conditions – verbal and non-verbal • Ability to give and receive feedback • Correct selection and use of PPE • Providing emotional support and reassurance to simulated victims • Identify and mitigate hazards

Additional instructions	<p>Civilian performance options:</p> <ul style="list-style-type: none"> • Incorrect hand positioning for CPR • Shallow, rapid & ineffective compressions • Ceasing compressions to fix hair or to talk to FA responders • Defib pads aligned incorrectly • Defib pads in use incorrect: child instead of adult etc.
Equipment needed	<p>O2 Kits</p> <p>FA Kits</p> <p>Training Defibrillators</p> <p>1 x Live Casualties for Secondary Survey</p> <p>Adult Manikin</p>
PPC	Gloves, Glasses
Safety	<p><i>Refer to Risk Assessment **</i></p> <p>Sharps</p> <p>Avoid running</p> <p>Slips, trips and falls **</p> <p>Heat stress **</p>