

First Aid	
Scenario 5	Heat Stress
Location:	Anywhere outdoors near a water source
Objectives:	Demonstrate rescue, teamwork, response and first aid procedures
Personnel and time frames:	<p>Instructor x 2</p> <p>6 learners performing drill in pairs</p> <p>Live casualty x 1</p> <p>Time required:</p> <ul style="list-style-type: none"> • Set up – 5min • Drill - 10min* • Debrief – 5min • Pack up – 2min
Details:	<p>Pairs briefed on a scenario involving a crew member falling ill upon return from a fire call.</p> <p>On arrival, pairs discover a live casualty in full turnout gear.</p> <p>The casualty, having been at an extended grass fire, is suspected of suffering from heat stroke.</p> <p>Pairs are required to prioritize heat management first aid protocols, focusing on treating the heat stroke effectively.</p>
Benchmarks	<p>Learners are to demonstrate:</p> <ul style="list-style-type: none"> • Correct first aid application to casualty • Correct manual handling • Correct communication methods for changing conditions – verbal and non-verbal • Ability to give and receive feedback • Correct selection and use of PPE • Providing emotional support and reassurance to simulated victims • Identify and mitigate hazards
Additional instructions	Role player to simulate vomiting & stomach cramps as crew responding, staggering in area in a confused state.

Equipment needed	O2 Kits FA Kits Training Defibrillators Live Casualty in turn out gear Adult Manikins
PPC	Gloves, Glasses
Safety	<i>Refer to Risk Assessment **</i> Avoid running Slips, trips and falls ** Heat stress **