

First Aid	
Scenario 1	Drowning
Location:	Pool
Objectives:	Demonstrate rescue, teamwork, response and first aid procedures
Personnel and time frames:	Instructor x 2 6 learners performing drill in pairs Live casualty Time required: <ul style="list-style-type: none"> • Set up – 10min • Drill - 20min* • Debrief – 10min • Pack up – 5min
Details:	Pair briefed on responding to a suspected drowning incident Upon arrival, find live casualty lying face down in pool. Conduct rescue operation to remove casualty from water. After clearing the airway, switch from live casualty to a manikin for CPR. Perform CPR on manikin until simulated recovery of casualty. Proceed with a secondary survey, assessing for additional injuries or signs of distress.
Benchmarks	Learners are to demonstrate: <ul style="list-style-type: none"> • Correct first aid application to casualty • Correct manual handling • Correct communication methods for changing conditions – verbal and non-verbal • Ability to give and receive feedback • Correct selection and use of PPE
Additional instructions	Ensure learners have no electronics or anything that can get wet on person.
Equipment needed	Pool (may require booking) O2 Kits FA Kits Training Defibrillators

	<p>Live Casualty with clothes that can be cut</p> <p>Adult Manikin</p>
PPC	Gloves, Glasses
Safety	<p><i>Refer to Risk Assessment **</i></p> <p>Cautious on rescue, have designated life guard.</p> <p>Avoid running</p> <p>Slips, trips and falls **</p> <p>Heat stress **</p> <p>Lightening ** - check BOM prior to drill & as required. 30/30 rule applies if no access to BOM (<i>within 10km</i>)</p>
Common Learning Faults	<p>Not drying casualty before applying defib pads.</p> <p>Incorrect DRSABCD processes.</p> <p>Mistakes in automated external defibrillator (AED) use.</p> <p>Insufficient information gathering in secondary survey.</p>